6 Miles on Mondays in the Hills

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| --- | --- | --- | --- | --- |
| **0 mi** |  | [**Head south on Harlem Ave**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) | |  |
| **0.18 mi** |  | [**Turn right onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **0.21 mi** |  | [**Turn left onto Seneca Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **0.37 mi** |  | [**Turn right onto Pueblo Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **0.57 mi** |  | [**Turn left onto Comanche Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **0.61 mi** |  | [**Turn right onto W Ute Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **0.86 mi** |  | [**Turn right onto Winnebago Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.02 mi** |  | [**Turn right onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.08 mi** |  | [**Turn left onto S Shawnee Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.27 mi** |  | [**Turn right onto W Pottawatomi Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.35 mi** |  | [**Turn right onto S Shoshone Rd t**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.52 mi** |  | [**Turn right onto W Choctaw Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.56 mi** |  | [**Turn right onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.69 mi** |  | [**Turn left onto Winnebago Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **1.86 mi** |  | [**Turn left onto W Ute Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.1 mi** |  | [**Turn left onto Comanche Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.2 mi** |  | [**Turn right onto Kiowa Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.42 mi** |  | [**Turn left onto Seneca Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.5 mi** |  | [**Turn left onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.83 mi** |  | [**Turn right onto W Choctaw Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **2.87 mi** |  | [**Turn left onto S Shoshone Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.04 mi** |  | [**Turn left onto W Pottawatomi Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.12 mi** |  | [**Turn left onto S Shawnee Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.31 mi** |  | [**Turn right onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.37 mi** |  | [**Turn left onto Winnebago Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.53 mi** |  | [**Turn left onto W Ute Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.78 mi** |  | [**Turn left onto Comanche Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **3.94 mi** |  | [**Turn left onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **4.06 mi** |  | [**Turn left onto S Shawnee Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **4.13 mi** |  | [**Water stop on S Shawnee Rd Make a U turn**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **4.2 mi** |  | [**Turn left onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **4.57 mi** |  | [**Turn left onto S Cypress Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **4.67 mi** |  | **Make a U turn at Last mailbox** |  |
| **4.77 mi** |  | [**Turn right onto W Sequoia Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **5.02 mi** |  | [**Continue onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **5.26 mi** |  | [**Turn right onto Comanche Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **5.42 mi** |  | [**Turn right onto W Ute Ln**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **5.6 mi** |  | [**Turn right onto S Shawnee Rd**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **5.76 mi** |  | [**Turn right onto W Ishnala Dr**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **6.18 mi** |  | [**Turn left onto Harlem Ave**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |
| **6.36 mi** |  | [**Destination**](http://www.mapmyrun.com/routes/fullscreen/1959785948/) |  |